

Cledford Primary School – PSHE Curriculum Yearly Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<p>Personal, social and emotional development Express their feelings and consider the feelings of others. Build constructive and respectful relationships.</p> <p>Understanding of the world Talk about members of their immediate family and community. Name and describe people who are familiar to them. Comment on images of familiar situations in the past</p> <p>No Outsiders You Choose by Nick Hornby</p>	<p>Personal, social and emotional development Show resilience and perseverance in the face of challenge. Identify and moderate their own feelings socially and emotionally.</p> <p>No Outsiders Red Rockets and Rainbow Jelly by Sue Heap and Nick Sharratt</p>	<p>Personal, social and emotional development Think about the perspectives of others.</p> <p>No Outsiders Hello Hello by Brendan Wenzel</p>	<p>Understanding of the world Recognise some environments that are different from the one in which they live.</p> <p>No Outsiders The Family Book by Todd Parr</p>	<p>Personal, social and emotional development Know and talk about the different factors that support their overall health and wellbeing:</p> <ul style="list-style-type: none"> • regular physical activity • healthy eating • toothbrushing • sensible amounts of ‘screen time’ • having a good sleep routine • being a safe pedestrian <p>No Outsiders Mommy, Mama and Me by Leslea Newman and Carol Thompson</p>	<p>Personal, social and emotional development Know and talk about the different factors that support their overall health and wellbeing:</p> <ul style="list-style-type: none"> • regular physical activity • healthy eating • toothbrushing • sensible amounts of ‘screen time’ • having a good sleep routine • being a safe pedestrian <p>No Outsiders Blue Chameleon by Emily Gravett</p>
Year 1	<p>Relationships Tell someone if something about my family makes me unhappy or worried; know what to do if I feel under pressure, unsafe or worried for myself or others</p> <p>No Outsiders Want to play trucks? By Ann Stott and Bob Graham</p>	<p>Relationships Recognise when I or someone else feels lonely and what to do</p> <p>No Outsiders Going to the volcano by Andy Stanton</p> <p>Inspirational individual Greta Thunberg (activist)</p>	<p>Health and wellbeing Medicines, teeth</p> <p>No Outsiders Hair, it’s a family affair by Mylo Freeman</p>	<p>Health and wellbeing What I’m good and what I like/dislike</p> <p>No Outsiders Elmer by David McKee</p> <p>Inspirational individual Ray Charles (musician)</p>	<p>Living in the wider world Money</p> <p>No Outsiders My Orld, your world by Melanie Walsh</p>	<p>Living in the wider world Jobs</p> <p>No Outsiders Errol’s Garden by Gillian Hibbs</p> <p>Inspirational individual Thomas Barnardo (philanthropist)</p>
Year 2	<p>Health and wellbeing Describe and manage feelings</p> <p>No Outsiders All Are Welcome by Alexandra Penfold and Suzanne Kaufman</p>	<p>Living in the wider world Jobs – strengths and interests</p> <p>No Outsiders Can I Join Your Club? By John Kelly and Steph Laberis</p> <p>Inspirational individual Rosa Parks (activist)</p>	<p>Living in the wider world Money Needs and wants</p> <p>No Outsiders What the Jackdaw Saw by Julia Donaldson and Nick Sharratt</p>	<p>Relationships Share opinions Ask for help with friendships</p> <p>No Outsiders How to be a Lion by Ed Vere</p> <p>Inspirational individual Amelia Earhart (pilot)*</p>	<p>Relationships Respect that things are private including body parts</p> <p>No Outsiders Amazing by Steve Antony</p>	<p>Health and wellbeing Prepare for change</p> <p>No Outsiders The Great Big Book of Families by Mary Hoffman and Ros Asquith</p> <p>Inspirational individual Emmeline Pankhurst (suffragette)</p>

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Year 3	<p>Health and wellbeing Celebrate strengths, skills, interests and achievements</p> <p>No Outsiders This Is Our House by Michael Rosen</p> <p>Inspirational individual Mary Anning (palaeontologist)</p>	<p>Health and wellbeing Managing setbacks or failures, change mindset</p> <p>No Outsiders We're All Wonders by RJ Palacio</p>	<p>Relationships: Committed relationship living together or can live apart</p> <p>No Outsiders Planet Omar: Accidental Trouble Magnet by Zanib Mian</p> <p>Inspirational individual Sarah Storey (Paralympian)</p>	<p>Health and wellbeing Mental health and physical health</p> <p>No Outsiders The Hueys in the New Jumper by Oliver Jeffers</p> <p>Inspirational individual Ella Fitzgerald (musician)</p>	<p>Relationships Different types of relationships</p> <p>No Outsiders The Truth About Old People by Elina Ellis</p>	<p>Living in the wider world Setting goals, personal outcomes, attitudes towards money</p> <p>No Outsiders Beegu by Alexis Deacon</p>
Year 4	<p>Missing: Relationships: Respond safely to adults you do not know</p> <p>No Outsiders When Sadness Comes to Call by Eva Eland</p> <p>Inspirational individual: Nicola Adams (Olympian)</p>	<p>Relationships How to seek help If family relationships make you unhappy</p> <p>No Outsiders Aalfred and Aalbert by Morag Hood</p>	<p>Relationships Feelings of excluded and included and how to seek support</p> <p>No Outsiders Along Came a Different by Tom McLaughlin</p> <p>Inspirational individual Martin Luther King Jr (activist)</p>	<p>Health and wellbeing Positive and negative effects of healthy diet including obesity and tooth decay</p> <p>No Outsiders Red: A Crayon's Story by Michael Hall</p>	<p>Relationships Risks of knowing someone face to face and online</p> <p>No Outsiders Dogs Don't Do Ballet by Anna Kemp and Sarah Ogilvie</p>	<p>Living in the wider world Understand people's spending decisions can affect others and the environment (Fairtrade, single use, charity etc)</p> <p>No Outsiders Julian is a Mermaid by Jessica Love</p> <p>Inspirational individual: Marie Curie (scientist)</p>
Year 5	<p>Health and well-being Mental health Talking to a trusted adult</p> <p>Relationships Forced marriage</p> <p>No Outsiders How to Heal a Broken Wing by Bob Graham</p> <p>Inspirational individuals Vera Lynn (musician)</p>	<p>Living in the wider world Spending decisions</p> <p>No Outsiders Rose Blanche by Ian McEwan and Roberto Innocenti</p> <p>Inspirational individuals Alan Turing (Computer scientist and mathematician)* Nicholas Winton (humanitarian)</p>	<p>Health and well-being Sleep routines</p> <p>Relationships Marriage and civil partnerships</p> <p>No Outsiders The Girls by Lauren Lee and Jenny Lovlie</p>	<p>Health and well-being Medicines and vaccines</p> <p>No Outsiders Kenny Lives with Erica and Martina by Olly Pike</p>	<p>Living in the wider world Decisions about jobs and careers</p> <p>No Outsiders Mixed by Arree Chung</p> <p>Inspirational individuals Katherine Johnson (mathematician)</p>	<p>Relationships: Primary Sex Education - puberty</p> <p>No Outsiders And Tango Makes Three by Justin Richardson and Peter Parnell</p>
Year 6	<p>Health and well-being Change and loss including grief</p> <p>No Outsiders Leaf by Sandra Dieckmann</p>	<p>Relationships Friendships</p> <p>No Outsiders The Only Way is Badger by Stella J. Jones and Carmen Saldana</p> <p>Inspirational individuals Ernest Shackleton (explorer)</p>	<p>Living in the wider world Money and risks involved</p> <p>No Outsiders The Island by Armin Greder</p>	<p>Living in the wider world Jobs and career paths</p> <p>No Outsiders King of the Sky by Nicola Davis</p> <p>Inspirational individuals Doreen Lawrence (campaigner) – link to Stephen Lawrence Day</p>	<p>Health and well-being Personal hygiene Bacteria and viruses</p> <p>No Outsiders A Day in the Life of Marlon Bundo by Marlon Bundo and Jill Twiss</p>	<p>Relationships: Primary Sex Education</p> <p>No Outsiders Introducing Teddy by Jessica Walton and Dougal MacPherson</p> <p>Inspirational individuals Jane Goodall (primatologist)</p>
Whole school						



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